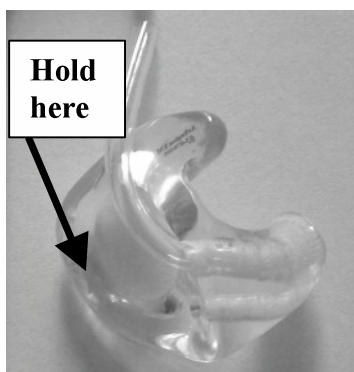


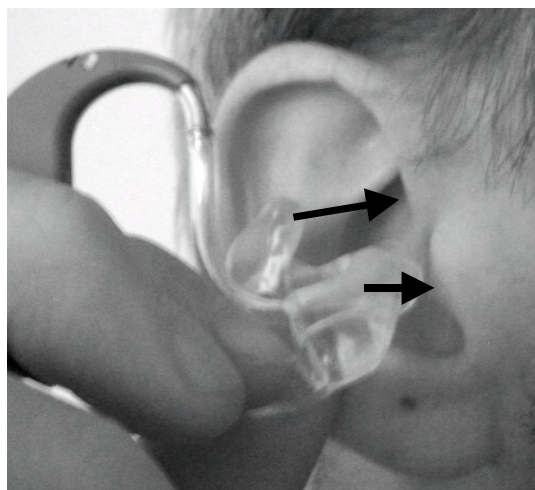
How to fit your hearing aid

Concentrate on the ear mould first - The hearing aid just loops over the ear once the mould is in place. Make sure your ear mould is inserted correctly in your ear: incorrect insertion can cause feedback (whistling) and discomfort.



1. Hold the back of the ear mould at the point shown. Use your right hand for your right ear and your left hand for your left ear.

2. The top of the ear mould goes under the fold near the top of your ear. The part which holds the tubing goes down into your ear canal. Bring the mould up to your ear in the position it will be when you are wearing it, ie with the canal pointing in towards your head and the top of the mould upwards.



3. Fit the top and canal parts of the mould into your ear. Make sure that the top is tucked under the fold in your ear. Keep hold of the back of the mould until you have completed this step.



4. Now let go of the back of the mould and push it into your ear. You may find it helpful to pull your ear back at the same time.

5. When the mould is in place, loop the hearing aid over the top of your ear, as you would with a pair of spectacles.